QUICK FACTS ABOUT MILITARY REBOOT

REBOOT courses meet once a week for 12 weeks.

Each week, you'll progress through our trauma healing curriculum with a lesson guided by your local leader. It's not a lecture. It's a conversation. Every participant plays a part in helping one another.

REBOOT is faith-based, but we're not preachy.

We don't hide the fact that REBOOT is rooted in the Christian faith, but *you* don't have to be. No matter your beliefs, you'll come away from our course with proven and practical methods to heal from trauma.

REBOOT is for the whole family, not just the service member.

Spouses and families are encouraged to participate. The course is designed to help married couples reopen lines of communication and heal together. Many locations even provide a meal and childcare to make it easy for everyone to be a part.

REBOOT is a course, not a support group.

Though we do provide support, and we are a group, we are much more than a "support group." Our course has a start and an end, and with just 12 meetings, there's no time to waste. You won't find any rambling or whining in our groups – only productive conversations.

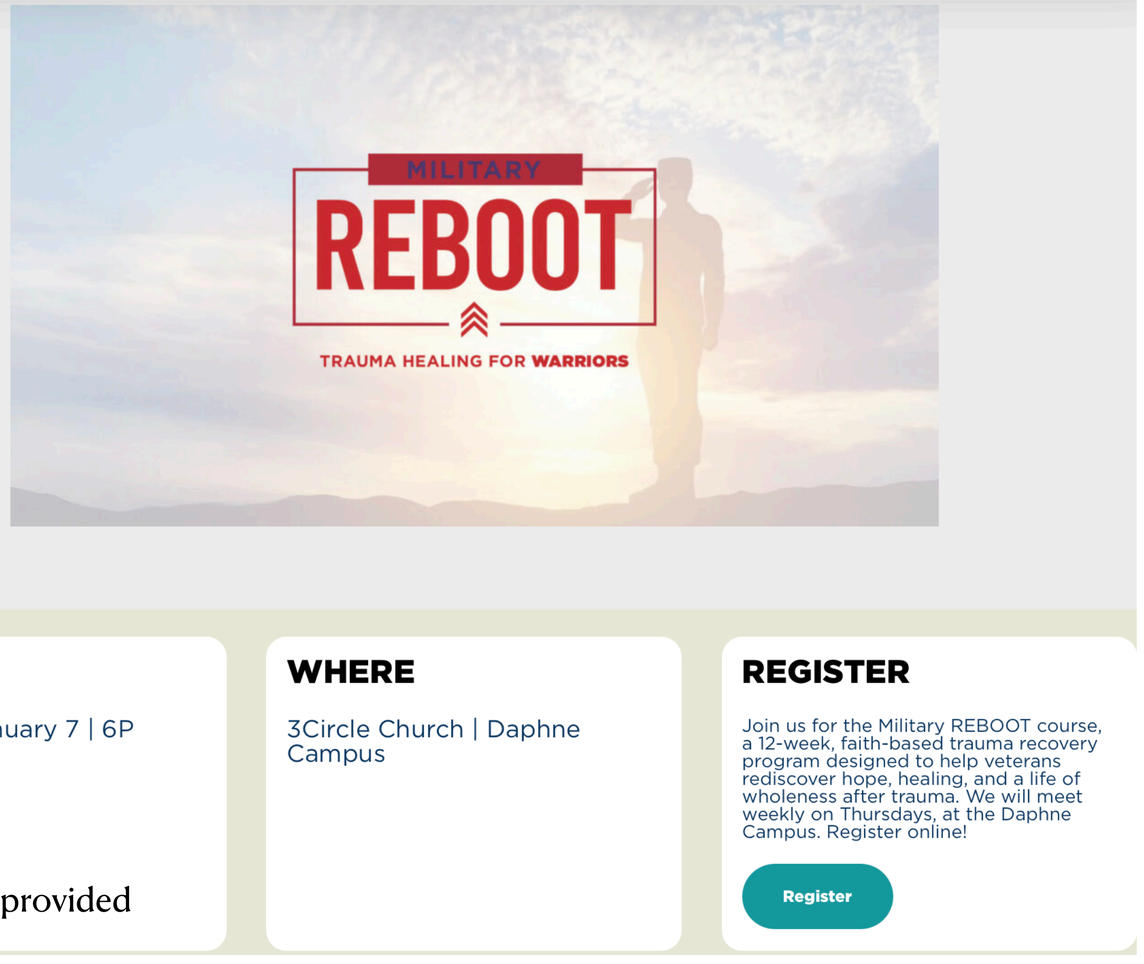
REBOOT courses are led by people who get it.

Our leaders have lived it, learned from it, and have a heart to help lift you out of it. And within our groups, every member is the same – no rank, no uniforms, no titles, and total privacy.

How much does it cost to join? Just $25 per participant.

You'll get a REBOOT Field Guide workbook and membership to MyREBOOT, our online trauma healing hub. **Many groups cover this cost for their participants.** Check with your local leader upon signup.

More than 50,000 people have graduated from REBOOT courses and overcome trauma. What do you have to lose – except your pain?



WHEN

Beginning January 7 | 6P

Meal is provided

WHERE

3Circle Church | Daphne Campus

REGISTER

Join us for the Military REBOOT course, a 12-week, faith-based trauma recovery program designed to help veterans rediscover hope, healing, and a life of wholeness after trauma. We will meet weekly on Thursdays, at the Daphne Campus. Register online!

Register

MILITARY
REBOOT
TRAUMA HEALING FOR WARRIORS

3CIRCLE CHURCH